



GET READY TO RE-
DISCOVER A
RENEWED YOU WITH
ADVANCED HYPNOSIS
&/ ACCESS BARS
WORK!

I help my clients overcome their life challenges, take back control, get their life back on track, and onto a path of success & happiness. This is achieved via proven, advanced hypnosis work and hypnotic techniques – very often combined with Access Bars, a cutting edge energy therapy modality. I strive to achieve the maximum and lasting, positive impact on my client as professionally, efficiently, and effortlessly as possible.



Patrick Ho
Consulting Hypnotist
Founder, MindEase.sg

TALK TO US!

Singapore Land Tower
Level 30, 50 Raffles Place
Singapore 048623

+65 66323556
contact@mindease.sg
www.mindease.sg

FREE
TRIAL SESSION

(Hypnosis OR Access Bars)

**Limited slots per week only
Book from the website now!

**T&C applies

Terms & Conditions for the free trial session

1. Straightly sign up from mindease.sg website based on availability
2. One trial session (Hypnosis or Access Bars) per person only
3. AV recording will be taken during the session for record purpose
4. Agree to provide written feedback post session
5. Those able to provide video testimonial will receive an extra mystery gift!

Mind
Ease
HYPNOTHERAPY
UEN: 53403452K



MINDEASE
- HYPNOTHERAPY -

When the minds are
aligned, life will be at ease.

OUR SERVICE

Regain Your Life

I help overly-stressed &/ depressed professionals to see there is indeed light in the tunnel, quickly find the way out, and start enjoying life again.

Restore Your Confidence

I help distressed individuals to overcome their anxieties &/ distraction habits, restore positive self-image, and become confident again.

Be Unstuck

I help delusional individuals to calm & clear their minds, rediscover the resources they already possess, and achieve breakthrough from the stuck state!

Have your Bars run?

I run Access Bars to allow any individual to be more present in their life, have more joy, and receive more than they have before!

EXPERIENCE RARE
AND EXCITING
CHANGE WHEN YOU
WORK WITH US!

*The first session of Access Bars
has been a great help to me*

*I feel less tired, more energetic
than before straight after the
hypnosis session*

*I had a very good sleep about
5 hours but a quality one*

PLAN A VISIT!

PROFESSIONAL HYPNOTHERAPY



Using advanced phased approach hypnosis work to speed up the restoration and install lasting positive change.

SELF-ESTEEM. SELF-IMAGE. SELF-RELIANCE.



Using powerful hypnotic techniques to take back control and affect the behavioral transformation quickly.

PERSONAL/ WORK IMPROVEMENTS & BREAKTHROUGH



From just getting out of the rut to achieving breakthrough success in no time!

ACCESS CONSCIOUSNESS. ACCESS BARS.



How does it get any better than this? What else is possible? What are the infinite possibilities?

For more details of each service, please visit <https://www.mindease.sg/services> or scan the QR code below



MindEase.sg | #1 Hypnotherapist conveniently located in CBD area

Patrick specialises in using Hypnotherapy and Access Bars for followings:

- Stress, Depression & Anxiety
- Sleeping Disorder
- Weight Loss
- Stop Smoking
- Phobia/ Fear
- Pain Relief
- Sports Performance
- Healing from past experiences
- Anger Management
- Addiction
- Trauma or PTSD
- Obsessive Compulsive Disorder (OCD)
- Substance Abuse (drug, alcohol etc)
- Panic Attacks
- Grief and Loss
- etc

We help you take back control and get back on the path when everything else has failed!

